



SOUTHWEST ENT
A S S O C I A T E S
EAR, NOSE & THROAT SPECIALISTS

PRE-OPERATIVE INSTRUCTIONS

1. Your surgery is scheduled for _____ at _____.

2. Please arrive in the hospital or surgery center at least 1 hour prior to your scheduled surgery time.

3. **DO NOT** eat or drink anything after 12:00 midnight prior to your surgery or as directed by your anesthesiologist. Any heart or blood pressure medications should be taken with a sip of water the morning of surgery.

4. Do not take any aspirin or aspirin-containing products for 2 weeks prior to your surgery (including Motrin, Advil, Ibuprofen, Aleve, etc.). If you need to take something for pain, you may use Tylenol.

5. Special instructions:

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