



SOUTHWEST ENT

A S S O C I A T E S

EAR, NOSE & THROAT SPECIALISTS

POST-OPERATIVE INSTRUCTIONS ADENOIDECTOMY

Adenoidectomy leaves a raw surface at the back of the nose where the adenoid tissue was located. This is occasionally painful for several days after surgery. Pain can manifest as stiff neck, head/neck/throat pain, or generalized fussiness. Bad breath lasting up to 2 weeks is common after adenoidectomy. Breath can be quite foul, but does not indicate infection and will resolve. You should notify your doctor for any bleeding noted after surgery.

Diet should begin with clear liquids immediately after surgery. Diet can return to normal as tolerated by your child as soon as you get home from surgery. Fluid intake is always important after surgery.

Activity level need not be restricted after the anesthesia effects have worn off.

What to expect after surgery:

Fever: common after adenoidectomy, but the doctor should be notified if temperature is > 101.5 .

Pain: See above. Motrin, Advil, or Tylenol can be given if discomfort/pain persists.

Bad breath: as above.

Medications: Oral antibiotics as directed by your doctor. Pain medication as recommended by your doctor.

Please do not hesitate to call the office if you have any questions or if problems arise.

Evan S. Bates, MD
Gregory N. Rohn, MD
Bradford A. Gamble, MD

6300 W Parker Rd
Suite 326
Plano, TX 75093
972 378-0633
<http://www.swent.com>

8230 Walnut Hill Lane
Suite 420
Dallas, TX
214 265-0800